



## Youth Leadership Program 2021-2022

### Sophomore/Junior Application

#### **STUDENT RESPONSIBILITIES**

Attend all Saturday Sessions

Be on time, with a positive attitude and willing to meet other people.

Engage in group discussions during Saturday sessions.

Update all contact information as needed.

Confirm attendance with your leader for all sessions or request an excused absence.

**Students who miss two sessions or more will not be included in the Field Trip or Graduation ceremony.**

Appropriate dress is required for all sessions. No sweats, flip flops or shorts.

Please return the completed application and all required forms to be emailed to [llkc.education@gmail.com](mailto:llkc.education@gmail.com) by Tuesday, November 9, 2021.

**If you prefer a leader who is bilingual, please check this box.**

#### **SESSIONS WILL BE HELD AT THE FOLLOWING LOCATION:**

\* If there are any changes to the location, you will be notified.

##### Virtual (Zoom) Sessions

November 2021

December 2021

January 2022

##### In Person (Location TBD) Sessions

February 2022

March 2022

April 2022



## Youth Leadership Program 2021-2022

### Contact Information

Name	
Street Address	
City and Zip Code	
Cell Phone	
E-Mail Address	
High School	
School ID#	
Current Grade Level	Sophomore <input type="checkbox"/> Junior <input type="checkbox"/>

Best Method to Contact You?    Cell Phone    Text Message    Email

Are you able to download messaging app "Telegram"?    Yes     No

### Person to Notify in Case of Emergency

Name & Relation	
Street Address	
City and Zip Code	
Cell Phone	
Work Phone	
E-Mail Address	

## Availability

Would you be able to commit and fully participate in the following Sessions?

Session I:	Reality Check/What's Your Plan	November 20, 2021	10AM-11:30AM
Session II:	Making Your Mark	December 10, 2021	10AM-11:30AM
Session III:	Taking Care of Yourself	January 22, 2022	10AM-11:30AM
Session IV:	Who Are You?	February 26, 2022	10AM-4PM
Session V:	Getting Fit	March 26, 2022	10AM-2PM
Session VI:	What Do You See?	April 23, 2022	10AM-2PM
Session VII:	Graduation	May 19, 2022	TBD

If there is a session you cannot participate in, please provide an explanation:

## Getting To Know You

Describe the world you come from – for example, your family and community – and tell us how your world has shaped your dreams and aspirations.

## Leadership

What do you think a leader is? Do you consider yourself a Leader?  
How do you see YLP playing a role in your leadership development?

## Other

Tell us what you want us to know about you, and about who you are. (Personality Traits)

## Agreement and Signature

By submitting this application, I understand that I am expected to attend all workshops indicated and that I have parental/guardian support to participate in the program, and **a parent will be able to attend the first session**. If I do not attend all workshops, I could be dropped from the program. I also agree to try my best, learn all that I can, and make the effort to meet other young Latinas that share the Latina Youth Leadership Program vision.

Name (printed)	
Signature	
Date	
Parent/Guardian Name (printed)	
Signature	
Date	



## Release Form

### BOARD MEMBERS

Gaby Gonzales  
President

January Lau  
Vice President

Connie Perez  
Treasurer

Paula De La Riva-  
Barrera  
Secretary

Norma Rojas-Mora  
Past President

Xochitl Garcia

Lourdes Nilon

Leticia Velasquez

I agree to allow the Latina Leaders of Kern County the use of my name, picture, biographical and program information for promotion of the Latina Leaders Youth Leadership Program to the general public.

Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

If under the age of 18, Parental Consent is required:

Parent Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## REGISTRATION FORM FOR LATINA LEADERS OF KERN COUNTY YOUTH LEADERSHIP PROGRAM 2021-2022

### Section A- Parent/Legal Guardian Information

First Name	Last Name:	Home Telephone:
Address:		Work Telephone:
City:	Zip Code	Emergency Telephone:

### Section B- Student Information

Name	Grade in School	Date of Birth	Age	Sex M or F

### Section C- Activity Information

Activity	Location	Date	Time
<b>Latina Leaders of Kern County- Youth Leadership Program</b>	<b>See Attached Schedule</b>	<b>See Attached Schedule</b>	<b>See Attached Schedule</b>

### AGREEMENT, WAIVER, AND RELEASE

In consideration of the acceptance of my application for entry into the above event, I hereby waive, release, and discharge any and all claims for damages for death, personal injury, or property damage which I may have or which hereafter accrue to me, against **Latina Leaders of Kern County** as a result of my participation in the event. This release is intended to discharge **Latina Leaders of Kern County**, its officers, officials, employees, and volunteers, and any other involved municipalities or public agencies from and against any and all liability arising out of, or connected in any way with, my participation in the event, even though that liability may arise out of the negligence or carelessness on the part of persons or authorities mentioned above. I further understand that accidents and injuries can arise out of the event. Knowing the risks, nevertheless, I hereby agree to assume those risks and to release and to hold harmless all of the persons or agencies mentioned above who (*through negligence or carelessness*) might otherwise be liable to me (*or my heirs or assigns*) for damages. It is further understood and agreed that this waiver, release, and assumption of risk is to be binding on my heirs and assigns.

**Parental Consent:** (*Must be completed and signed by parent/guardian if applicant is under 18 years of age*).

I have consented that my daughter participate in the activity(ies). I hereby agree to indemnify and hold the persons or entities mentioned above free and harmless from any loss, liability, damage, cost, or expense which may incur as a result of the death or injury or property damage that said minor may sustain while participating in said activity(ies). I have carefully read this Agreement, Waiver, and Release and fully understand its contents. I am aware that this is a release of liability and a contract between myself, Latina Leaders of Kern County, its officers, members, volunteers and assigns, and sign it of my own free will.

\_\_\_\_\_  
Print Name

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date



**Sophomore and Junior**  
**Workshop Schedule for 2021-2022:**

<b>Session I:</b> <b>Reality Check/What's Your Plan?</b> Topics include: Status of Teen Latinas in Kern County, Beating the Odds, Parental Involvement, College Admissions Process, Test Prep, Career Goal Planning, Financial Aid, and Training Alternatives	<b>November 20, 2021</b>	<b>10-11:30am</b>
<b>Session II:</b> <b>Making Your Mark</b> Topics Include: Life Skills-Etiquette and Presenting Yourself Money Management, and Financial Fitness	<b>December 18, 2021</b>	<b>10-11:30am</b>
<b>Session III:</b> <b>Taking Care of Yourself</b> Topics Include: Sexual Attitudes-Teen Pregnancy, STDs, Relationships Teen Health, Eating Disorders, Diseases	<b>January 22, 2022</b>	<b>10-11:30am</b>
<b>Session IV:</b> <b>Who Are You?</b> Topics Include: Her/History-The importance of knowing where you came from, Introduction to Culture, Know your Community-Trip to Cesar Chavez Retreat Center	<b>February 26, 2022</b>	<b>10am-4pm</b>
<b>Session V:</b> <b>Getting Fit</b> Topics Include: Behavioral Health-Suicide, Domestic Violence, Date Rape, Abuse Self Defense	<b>March 26, 2022</b>	<b>10am-2pm</b>
<b>Session VI:</b> <b>What Do You See?</b> Topics Include: Media Perception, Self Esteem Exercises	<b>April 23, 2022</b>	<b>10am-2pm</b>
<b>GRADUATION</b>	<b>May 19, 2022</b>	<b>TBD</b>